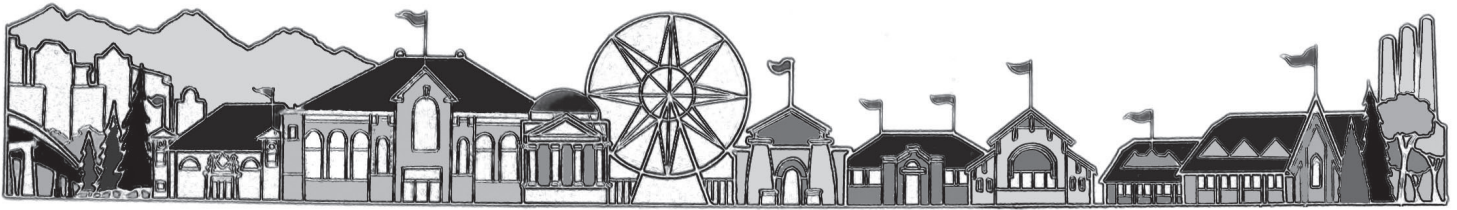


Fairpark Community Council Gazette



January 2016

All articles can be read in their entirety at fairparkcommunity.org

Issue 94

West Side Spotlight

Andrew Johnston, District 2 Councilman

On January 4th, Andrew Johnston, formerly the Chair of the Poplar Grove Community Council (our neighbors to the south) took an oath of office to join the Salt Lake City Council to represent Fairpark in District 2. We sat down with Andrew to pick his brain about the upcoming legislative session, transportation, homelessness, and other issues particularly important to the west side. Born and raised in Utah, Andrew says, "I love my neighborhood. That's why I've been involved in the Poplar Grove Community Council and now Salt Lake City Council to make Salt Lake a better place for me to live, for family, for my neighbors, for everybody. I'm proud of the west side and anyone who takes up the challenge to make this a better place. I mean, it's a great place to live! For all the folks who are new to the area, or folks who are thinking about getting involved but haven't yet, there are lots of ways you can participate. Come on out, and get involved. There are lots of opportunities for things you might really enjoy, and if you look for it, you can find some cool things you can do to help make the west side a great place to live."

Keeping Your Students Engaged in the Winter

Winter time can be challenging for students and parents, especially after the dazzle and glitter of the holidays. But keeping the academic and physical engagement momentum going doesn't have to be drudgery. In "7 Tips to Keep Your Kids Fit in Winter" The Parenting Squad acknowledges that kids need guidance and motivation to stay active beyond the tv controls and has generated a list of tips to keep kids active in the winter.

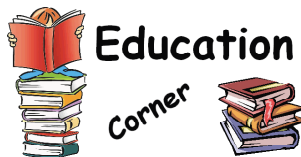
The tips include making your home a gym, getting creative with workouts, putting electronics aside and braving the weather, and dancing. Read the entire article at <http://parentingsquad.com/7-tips-to-keep-your-kids-fit-in-winter>.

Another resource is PBS Parents: <http://www.pbs.org/parents/education/> This site is filled with activities covering a variety of topics such as education, birthday parties, parenting, food and fitness, and more.

Learn all about this activity at <http://www.pbs.org/parents/adventures-in-learning/2015/07/water-cycle-activity/>.

While keeping kids active in winter months can be a challenge to the creative juices, keeping them engaged is healthy and rewarding for parents and children alike. Stay warm and keep active!

For the complete list of sites visit our website.



Agenda

Fairpark Community Council January 28, 2016

- 6:30 Welcome and Start Meeting/Announcements
- 6:35 Public Safety Report
Det. Dustin Marshall, Fire Station 7
- 6:45 Discussion of Goals and Initiatives for the Coming Year
- 7:15 Elected Official Report-Council Members/
Representatives in Attendance
- 7:30 Lead Safe Housing Program
Annie Dayton, Salt Lake County
- 7:40 Hoyt Place Planned Development
Dave Robinson, Developer
- 8:00 Adjourn

Bike Commuting: Winter Safety Tips

Winter in Salt Lake began with the beauty of falling snow and crystals of ice glistening in the winter sun. While beautiful to gaze upon, with that beauty comes commuting hazards. This month's focus is on biking safely in winter weather conditions.

Gear Junkie, based in Minneapolis, has posted 12 tips for winter bike commuting, covering everything from proper clothing to how to navigate your bicycle in the ice and snow.

Here are a few of the tips. The rest can be found at <http://gearjunkie.com/winter-bike-commuting-10-tips-to-ride-safe>
Bike safely!

- Follow the plow – Bike trails are regularly plowed in many major metro areas. For example, in Minneapolis more than 50 miles of trail is plowed after a snow.
- Ride steady – For slippery stretches riders should slow down and stay loose. Brake only on the rear wheel to avoid spinouts on slick surfaces. And be prepared to take your feet off the pedals if the bike starts to fishtail or tilt.
- Cold and clean – Unless you plan to clean it off, keep your bike cold and store it in the garage. A room-temperature bike in new snow can cause ice to form on brakes and gears more easily. Also, keep your chain and gear cassette lubricated for best operation.
- Headwear - Jacket hoods are a no-no, as air funnels in as you move, inflating a hood like a sail. Instead, many riders wear balaclavas and sunglasses or ski goggles. Tight-fitting (but warm) fleece skull caps are popular. Top it off with a helmet, perhaps sized larger in winter to fit over all the insulation.



The Fairpark Community Council is your forum for learning about and addressing issues that affect your life. Please join us the 4th Thursday of every month, except July and November, 6:30 PM, at the Northwest Community Center. We welcome you to attend and participate.

Fairpark Community Council
 c/o Salt Lake Community Network
 606 Trolley Square
 Salt Lake City, UT 84102

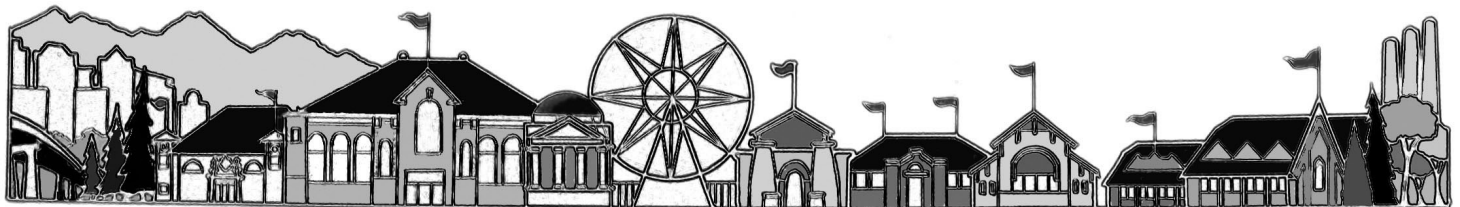
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dirt2table

Dirt2Table: Fruit Trees and Other Perennial Food Producers

This is a great time of year to both tend to the winter pruning of our fruit trees and to make plans for where to plant more in our yards. If there is a spot in your yard that has a Juniper or some other non food producing plant, maybe this coming spring would be the time to remove it and plant an apple, pear or peach tree in its place! Keep reading on the website...



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